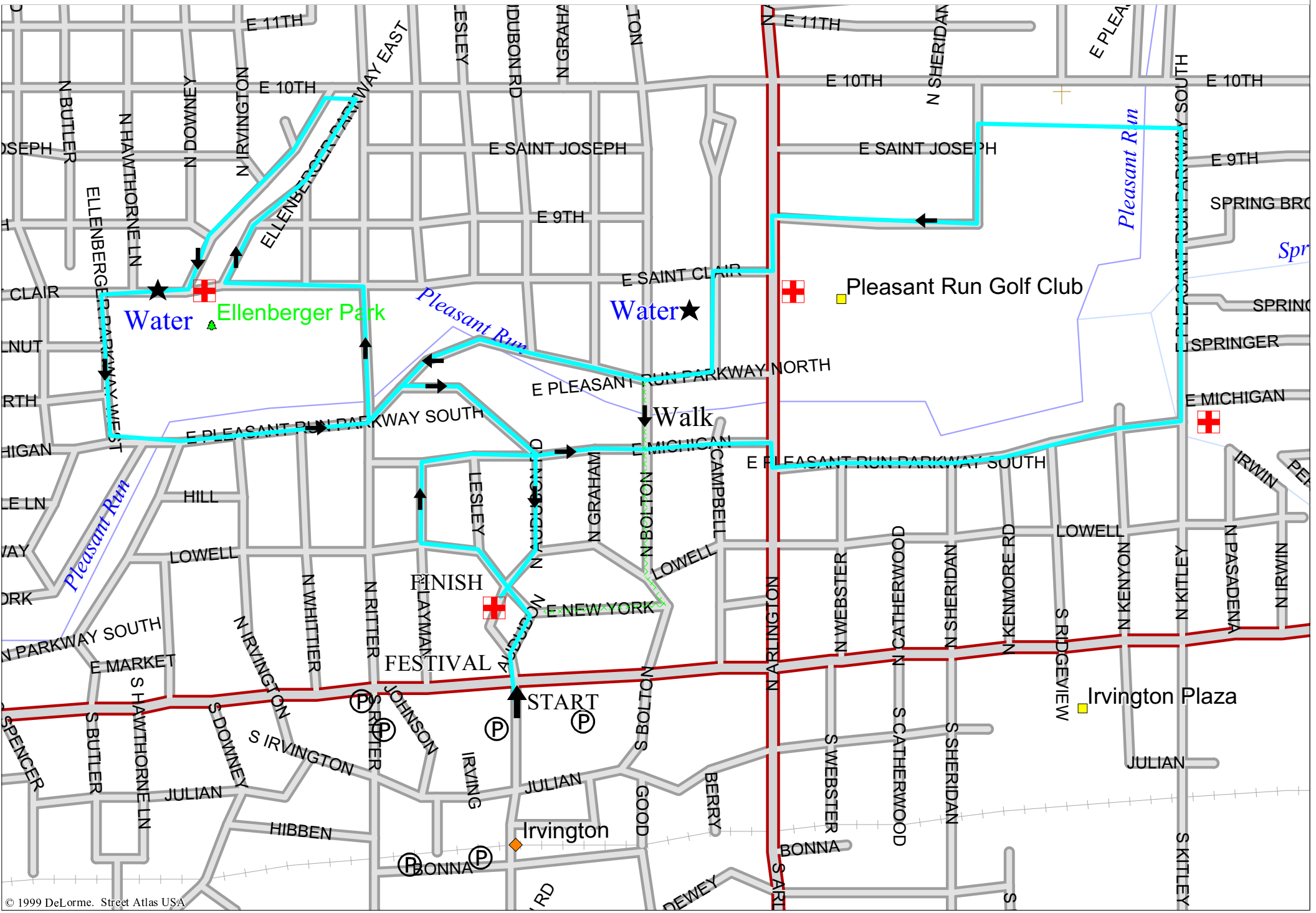PLEASANT RUN RUN RACE & WALK ROUTES